NORTH EASTERN EDUCATION AND LIBRARY BOARD MEAL PLAN SCHOOL MEALS KITCHEN

	Week 1 4/1, 1/2 & 29/2 2016	Week 2 11/1, 8/2 & 7/3 2016	Week 3 18/1, 15/2 & 14/3 2016	Week 4 25/1 & 22/2 2016
Monday	Breaded Fish, Mashed Potatoes	Sausage, Bacon, Beans and	Chicken Curry, Naan Bread,	Chicken Bites, Chips, Mashed
	and Peas.	Mashed Potatoes.	Sweetcorn and Rice.	Potatoes, Peas and Tomato Sauce.
	Rice Pudding and Peaches.	Artic Roll and Oranges.	Orange Sponge and Custard.	Flapjacks and Custard.
Tuesday	Chicken Bites and Chips or	Beef Burger, Tomato Sauce, Chips	Buffet: Pizza Fingers, Chicken	Vegetable Soup and Beef Burger.
	Mashed Potatoes, and Beans.	or Potatoes and Sweetcorn.	Bites, Sandwiches, Vegetable	
			Sticks and BBQ Noodles.	Ice Cream, Orange Jelly and Fruit.
	Date Krispie and Custard.	Flakemeal Biscuit and Fruit Juice.	Chocolate Cookie and Orange	
			Wedges.	
Wednesday	Chicken Curry, Rice, Naan Bread	Irish Stew with Wheaten Bread	Pasta Bolognese, Tossed Salad	Coddies, Peas, Mashed Potatoes,
	and Sweetcorn.		and Crusty Bread.	Gravy or Tomato Sauce.
		Chocolate Flavoured Brownie and	Jammy Joey and Chocolate	Chocolate Flavoured Brownie and
	Chocolate Muffin and Fruit.	Custard.	Milkshake.	Custard.
Thursday	Buffet: Pizza Fingers, Cocktail	Chicken and Ham Pie, Mashed	Sausages, Beans, Chips or	Mini Grill: Sausage, Bacon, Potato
	Sausages, Sandwiches, Vegetable	Potatoes, Gravy and Broccoli.	Potatoes.	Bread and Soda Bread.
	Sticks and Pasta Salad.			
	New Zealand Biscuit and Orange	Chocolate Crackenel and Custard.	Pineapple Delight and Custard.	Popcorn Cookie and Fruit Juice.
	Wedges.			
Friday	Roast Pork, Mashed and Roast	Chicken, Carrots, Parsnips,	Roast Gammon, Carrots, Peas,	Chicken, Carrots, Green Beans,
	Potatoes, Carrots, Turnip, Stuffing	Mashed and Roast Potatoes,	Mashed and Roast Potatoes,	Mashed and Roast Potatoes,
	and Gravy.	Stuffing and Gravy.	Stuffing and Gravy.	Stuffing and Gravy.
	Frozen Chocolate Yoghurt and	Strawberry Ice Cream Tub, Wafer	Frozen Fruit Smoothie and Fruit	Raspberry Ripple Ice Cream Tub,
	Fruit.	and Fruit.		Fruit and Wafer.

NB: Milk, water and fresh fruit served alongside every set meal.

For further information on allergenic ingredients please contact the school.