

There are many variations of '100 High Frequency Word (HFW)' lists. For continuity, we have agreed that these are the lists we will use in Rasharkin Primary School when working on HFW. A child will learn how to read the words and then how to spell them.

FIRST 100 words High Frequency Words

the	I	at	well	be
up	man	boy	him	one
is	he	his	dad	them
into	book	red	an	have
on	big	we	dog	me
cat	mum	had	mummy	then
bus	hat	can	play	ran
in	it	fun	ten	name
and	go	home	toy	see
she	my	got	a	run

if	not	hit	live	van
come	has	way	out	tree
am	door	love	will	us
six	from	get	bed	ball
no	room	runs	as	do
old	like	this	today	so

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shop	let	away	look	happy
men	lot	bat	but	are
you	time	with	all	say
good	was	day	or	five

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Second Hundred High Frequency Words

of	by	little	or	went
that	call	made	our	were
to	came	make	other	what
for	could	more	over	when
said	did	much	right	where
they	down	must	some	which
about	first	new	there	who
back	her	now	their	your
been	here	off	two	Saturday
before	just	only	want	Sunday

after	stop	park	take	took
very	shop	four	best	brother
girl	give	gave	aunt	uncle
sister	granny	friend	stay	going
help	last	work	house	watch

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week	next	farm	cow	tractor
baby	outside	buy	put	school
game	garden	saw	walk	road
three	four	seven	eight	nine
half	past	would	fast	because

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Extra words to be used after Second 100 High Frequency words have been learnt.

again	always	another	any	ask
bad	bird	black	blue	bring
don't	eat	every	far	father
fell	find	fly	found	green
hand	head	how	jump	keep
know	left	long	many	may
mother	Mr	never	once	open
own	read	round	sat	should
sing	sit	soon	tell	than
these	thing	think	too	under
white	why	wish	year	up